Your skills will enhance theirs

Athletic trainers (AT) are healthcare professionals who collaborate with physicians and practitioners to optimize the activity and participation of athletes. The profession encompasses the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions in athletes.

As part of Chatham’s prestigious School of Health Sciences, our innovative athletic training program confers a BS IN EXERCISE SCIENCE and an MS IN ATHLETIC TRAINING at the end of five years of study.

chatham.edu/athletic-training
The Master of Science in Athletic Training is a program within Chatham University's **SCHOOL OF HEALTH SCIENCES**. The School of Health Sciences has developed a strong reputation for its sought-after healthcare professionals. From high first-time pass rates on licensure/certification exams to advanced clinical aptitude, our graduates enter their careers ready to meet the needs of patients and contribute to improving the quality of care their organizations deliver.

**PROGRAM HIGHLIGHTS**

- By 2022, the athletic training profession will require a master's degree for entry-level positions. Our five-year program puts you ahead of the curve.
- Students begin observational experiences with Chatham's 16 athletic teams during their sophomore year.
- During years 4 and 5, students evaluate and treat athletes under the supervision of a preceptor (certified athletic trainer), at Chatham and at external sites.
- Chatham is pursuing accreditation by the Commission on Accreditation of Athletic Training Education. Once this is achieved, graduates will be eligible for national certification after successfully completing the Board of Certification Exam.
- Students in the professional phase of the curriculum participate in the School of Health Sciences’ Interprofessional Education Curriculum with students from the physician assistant studies, physical and occupational therapy, nursing, and counseling psychology programs.

**SAMPLE COURSES**

**EXS345: Kinesiology and Movement Science**
This course serves as an introduction to kinesiology and movement science of the human body. The student will learn the functional anatomy and biomechanics of the major joints of the human body and the application of kinesiology and biomechanical principles to describe and analyze normal and pathological human movement. Principles and practical application of motor learning, motor control and skill acquisition will also be introduced.

**PSY530: Introduction to Sport and Exercise Psychology**
This course is designed to introduce students to the basic concepts and intervention techniques of sport and exercise psychology. Topics covered will include motivation theory applied to sport, team dynamics, an introduction to psychological skills training, the psychology of sport injury, and issues pertinent to exercise adoption, adherence, and drop-out.

[chatham.edu/athletic-training/curriculum.cfm](chatham.edu/athletic-training/curriculum.cfm)

Chatham offers 16 NCAA Division III sports, and competes in the Presidents’ Athletic Conference (PAC), United Collegiate Hockey Conference (UCHC), and Ohio River Lacrosse Conference (ORLC)

**WOMEN:** basketball, cross country, ice hockey, lacrosse, soccer, softball, swimming and diving, track & field, volleyball

**MEN:** baseball, basketball, cross country, ice hockey, lacrosse, swimming and diving, track & field

[GoChathamCougars.com](GoChathamCougars.com)
OUTCOMES

Upon successful completion of the program, students will be able to:

• Apply principles of evidence-based clinical decision making in the examination, diagnosis and treatment of athletes
• Practice in a collegial/interprofessional manner that demonstrates cultural sensitivity and competence with individual athletes
• Demonstrate proficiency in the acute and emergency care of athletes
• Demonstrate proficiency in the screening, examination and therapeutic treatment of athletes
• Apply concepts of prevention and health promotion in the care of athletes
• Demonstrate effective written, oral and nonverbal communication skills with athletes, members of the healthcare team and relevant stakeholders
• Apply principles of healthcare administration and delivery in a manner that complies with the legal, ethical and regulatory systems
• Advocate for the profession, patient/clients and relevant communities in the public and legislative domain
• Develop professional self-assessment skills and formulate a career development plan

“Chatham’s athletic training program is an integrated mix of didactic, hands on lab and simulation experiences and clinical education. Like all of our School of Heath Sciences’ programs, athletic training emphasizes excellence in both clinical skills and professionalism.”

— PAT DOWNEY, PT, PH.D., DPT, professor and dean of the School of Health Sciences

LEARN MORE

Chatham University
Office of Admission
Woodland Road
Pittsburgh, PA 15232
800-837-1290 or 412-365-1825
undergraduate@chatham.edu

chatham.edu/athletic-training
APPLICATION REQUIREMENTS

To be eligible for a guaranteed admission into the athletic training program, students must achieve a minimum high school cumulative GPA of 3.0 and a 1010 (old)/1090 (new) SAT or 21 ACT. At the end of the sophomore year at Chatham, students submit an application that includes:

- Minimum of 40 hours of verified observation (can be obtained by taking a 1-credit course at Chatham)
- Recommendation from a Certified Athletic Trainer
- A minimum college grade point average (GPA) and science GPA of 2.75 or better on a 4.0 scale; grades less than a “C” are not acceptable in science courses

Apply online at chatham.edu/apply