

CHATHAM UNIVERSITY

**CENTER FOR WOMEN'S
ENTREPRENEURSHIP**

Women's Business Center

**HOLIDAY
GIFT GUIDE
2022**

Center for Women's Entrepreneurship–Women's Business Center Membership Gift

Gift yourself or another business owner. To learn about the membership benefits and to become a member [click here](#).

QUESTIONS? E-mail Michelle Price at M.Price@Chatham.edu

GIFTS & GOODS



3 Rivers Outdoor Co

3 Rivers Outdoor Co is a locally owned outdoor shop offering new and used outdoor apparel and gear for adventuring outside. We gear up locals for hiking, walking, backpacking, camping, climbing, cross country skiing, and more. If you love nature and being outside, we are your local shop. We also offer rental equipment for camping, kayaking, and cross-country skiing.

www.3riversoutdoor.com

[@3riversoutdoorco](#) (Instagram & Facebook)

info@3riversoutdoor.com

412-871-5038

1130 S Braddock Ave, Plttsburgh, PA 15218

- Gift cards are available
- CWE members receive 20% off one full-price item or 10% off an entire order, good thru December 31, 2022—some exceptions apply



Americat Company

The purr-fect gifts for your cats and the cat lovers in your life. Shop made in the USA cat toys, scratching pads, bowls, placemats, beds, litter mats, t-shirts, and wine glasses.

www.americatcompany.com

- CWE members receive 10% off + free shipping



apoidea apiary

Apoidea is a Certified Naturally Grown urban apiary specializing in award-winning crafted honey and beeswax products. We manage 60-90 hives within a 6-mile radius of downtown Pittsburgh. All honey packaged under our label is 100% made by our own honey bees so it is truly local to the Three Rivers. Please see our website for links to our holiday honey offerings this year.

www.apoidea-apiary.com

cjn@apoidea-apiary.com

Brick and mortar store coming summer 2023!

- CWE members receive 10% off purchases



Eva Bryn Shoetique

Eva Bryn Shoetique is a women's shoe store with so much more than just shoes! In addition to shoes, find the most gorgeous handbags, coats, jewelry, and accessories.

evabrynshoetique.com

117 S. Main Street, Zelienople, PA 16063

- Gift cards are available
- CWE members receive 15% percent off



Gryphon's Tea

A family-owned shop full of the finest loose-leaf teas, culinary herbs and fresh spices. We custom blend, special order and do our best to find your perfect cup! Let us help you put together a selection of teas, spices and accessories!

www.gryphonstea.com

4709 Liberty Avenue, Bloomfield, PA 15224

- CWE members receive a 25% discount



Gabriela Ortiz Art and Design

Gabriela Ortiz offers one-of-a-kind fun, colorful original paintings as well as fine art reproductions and a collection of everyday use items based on her original art designs. You can find mini paintings, large paintings, ornaments, pillows, tote bags, and more. These make the perfect one-of-a-kind gift for the person that has it all.

www.gabrielaortizart.com

Instagram [@gabyorzuart](https://www.instagram.com/gabyorzuart)

Facebook [@gabyorzuart](https://www.facebook.com/gabyorzuart)

gabriela@gabrielaortizart.com

- Gift cards are available
- CWE members receive 10% off at checkout



Levana Bratique

Does your bra fit? A properly fitting bra will make you stand taller, look leaner, and feel more confident. Make an appointment for your personalized fitting today at levanabratique.as.me. We change lives, one bra at a time! Levana Bratique carries bras for everyone and specializes in hard-to-find sizes. Underwire bras, soft cup bras, sports bras, sexy bras, nursing bra—you name it—if you are looking for it, chances are we have it!

levanabratique.com

[@LevanaBratique](https://www.instagram.com/LevanaBratique) on all social media channels

info@levanabratique.com

724-934-8795

11530 Perry Hwy, Ste 106, Wexford, PA 15090.

- Appointments are recommended
- Gift cards are available.
- CWE members receive \$15 off a purchase of \$75 or more



Lisa Seligman Photography

Lisa Seligman Photography offers beautifully presented nature photography in the form of notecards, matted and framed prints, scarves, wearable art, and cloth placemats. All items are perfect for giving as a gift to oneself or someone special on your holiday list.

www.lisaseligman.com/nature

[@lisaseligmanphoto](https://www.instagram.com/lisaseligmanphoto)

lisa@lisaseligman.com

412-589-2893

- Gift cards available.
- CWE members receive a 10% discount on all items



PawTree

Your fur baby relies on you to make the best nutrition choices for them for their entire life. For the joy and unconditional love, they bring to your life, there is no better feeling than knowing that you are doing all you can to ensure that they're at their best.

PawTree carries natural, uncompromising solutions to prevent or solve many issues including aches & discomfort, excessive shedding, bad gas, sensitive stomach, seasonal allergies, and separation anxiety. But prevention is key! Avoid costly vet visits with purposeful supplementation that helps you address nearly 80%* of the top reasons pet parents take their pets to the vet. With products developed with therapeutic levels of ingredients, we help pet parents address issues well before issues even occur!

Our products are developed by veterinarians and Ph.D.s in animal science and pet nutrition to ensure your fur baby thrives, not just survives from puppy and kitten stage through their golden years.

www.pawtree.com/arnheim

www.facebook.com/PawsitivityWithJulie

kjarnheim@gmail.com

917-861-0989

- Gift cards are available
- HOLIDAY GIFT BASKET RAFFLE: **Basket worth \$100; get 1 entry for every \$25 ordered. Raffle to be drawn on Monday December 19, 2022.**
- CWE members receive a \$10 gift card for future orders with purchase of the CORE4 Set



PetalVision Glass

PetalVision Glass transforms flora and fauna into beautiful designs that you can wear and gift proudly. Jewelry includes feathers and flowers from Pittsburgh institutions, like the National Aviary!

www.petalvisionglass.com

Facebook [@petalvisionglass](https://www.facebook.com/petalvisionglass)

Instagram [@petalvision.glass](https://www.instagram.com/petalvision.glass)

petalvisionglass@gmail.com

Text us at 412-447-1757

- CWE members receive 10% off

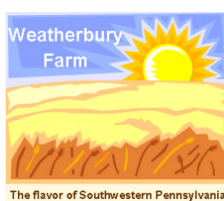


Remember When Ice Cream

We are a local ice cream shop located in Robinson Twp. at Robinson Town Centre. We are known for our great tasting ice cream and our generous portions. We offer homemade hard ice cream (made on-site), rich and creamy soft serve, dole whip, and oatmilk. Coming soon is our no fat, no sugar added frozen yogurt. We offer cones, sundaes, parfaits, splits, floats, milkshakes, chills (ice cream with candy mixed in), homemade cookies, fresh squeezed lemonade (seasonal), turner’s iced tea, coffee, tea, and hot chocolate. We have ten flavors of hard-shell dip, seven different ice cream toppings, and 29 sundae toppings.

www.rememberwhenicecream.com
www.facebook.com/rememberwhenic
www.instagram.com/rememberwhenic
www.twitter.com/rememberwhenic
1528 Park Manor Blvd., Pittsburgh, PA 15205

- Gift cards are available
- CWE members receive 10% discount at checkout. Not good on gift cards. Expires March 31, 2023



Weatherbury Farm

Give healthy, nutritious flours to your friends and family this holiday season. Weatherbury Farm grows organic grains and mills them into flour. Our flours can be traced backed to the field with Weatherbury’s online Grain Tracker. All orders are custom milled and come with our cookbook. Flours are milled to order. We also do mail orders.

weatherburyfarm.com
info@weatherburyfarm.com
724-587-3763
1061 Sugar Run Rd, Avella PA 15312

EXPERIENCES



And Flowers

Have you been to a Flower Arranging Party? If you like flowers and want an extra special bonding experience, this is for you. We are passionate about gently teaching flower arranging skills while facilitating relationships and memorable gatherings. Would you like help planning a unique event? We will help you host a personal flower arranging party of 5-7 participants or a wedding flower session in our studio. Larger group workshops at various venues in Pittsburgh are available for corporate team building, client appreciation get togethers, bachelorette parties, bridal showers, and our Bouquet Bars.

www.andflowerspgh.com
ktoole@andflowers.net
For inspiration, follow us on Instagram @andflowerpgh
6053 Bunkerhill Street, Pittsburgh, PA 15206

- By appointment only
- Gift cards are available
- CWE members receive a complimentary upgraded compote for personal studio parties



I Made It! Market

Made It! Market offers a Pop-Up Retail Shop at The Mall at Robinson every Tuesday through Sunday. Shop 65 local artisans in one space. Throughout the run of the IMI Pop Up Retail Shop, we will feature pop up artist and Neighborhood Flea sellers. For more information, visit our website or check out our Facebook event.

I Made It! Market hosts pop up throughout the year in different locations. I Made It! **Last Minute Market, December 17, Factory 26, Strip District 10:00 a.m.-6:00 p.m.**

www.imadeitmarket.com

facebook.com/imadeitmarket

instagram.com/imadeitmarket

The Mall at Robinson, Tuesday–Sunday mall hours



Pack Up + Go

Pack Up + Go is a travel agency that plans curated getaways around the United States. The catch? Your destination is a surprise until the day you depart! Pack Up + Go offers four different types of trips: Plane/Train Getaways, Road Trips, Staycations, and Outdoors Road Trips.

www.packupgo.com

- Gift cards available
- CWE members receive discounts on Plane/Train Getaways, Staycations, Road Trips, and Pack Up + Go Outdoors packages



Passport to Pittsburgh

Passport to Pittsburgh is the premier custom tour company for Pittsburgh and beyond. We all have enough “stuff” in this world but can we ever have enough memorable experiences? Give the gift of a memorable experience by purchasing a gift certificate for one of our amazing day trips! Each adventure promises our “tourism trifecta:” Learn something, unique experiences, and FUN!

www.passporttopittsburgh.com

passport2pgh@gmail.com

412-298-0409

- CWE members receive a 10% discount on all Gift Certificate purchases. Gift certificates are available for purchase in any amount.



Popping Mustard Seeds

Indian cooking classes: the perfect gift for novice or experienced cooks and chefs of all levels. Experience the aroma and taste of diverse spices and ingredients that go into making Indian food. Chef Jay will walk you through the step by step process of creating a delicious Indian meal. Give the gift of a personal cooking class or a cooking class party with your friends, family, and neighbors!

Popping Mustard Seeds can help you plan a fun event! Now you can choose either an in-person or virtual experience!

We offer exciting Indian Meal Kits for you. We are trying to offer them once a month. They are packed with ingredients needed for dinner for two adults with leftovers or two adults and two children.

www.poppingmustardseeds.com

poppingmustardseeds.com/current-meal-kit

- E-mail poppingmustardseeds@gmail.com to schedule your event
- Gift cards are available
- CWE members receive 20% off December orders and 10% off other times of the year
- CWE members receive \$3 off anytime



Unlock Your History

Genealogy & Translation: The Key to Your History! Experts in old German Handwriting and more. Give a key to a loved one's family history this holiday.

www.unlockyourhistory.com

- CWE members, pay for two hours of genealogical research and receive two additional hours for free OR take advantage of a 10% discount on Germanic translations.

HEALTH AND WELLNESS



24 Carrot Juice

Our mission is “Being healthy doesn’t have to be hard,” we aim to provide a fresh and healthy drink alternatives to our community. 24 Carrot Juice is a minority owned startup juice bar that offers all-natural juice made from fresh and organic cold pressed fruits and vegetables.

www.twentyfourcarrotjuice.com

Instagram: [@twentyfourcarrotjuice](https://www.instagram.com/twentyfourcarrotjuice)

Facebook: [twentyfourcarrotjuice412](https://www.facebook.com/twentyfourcarrotjuice412)

- CWE members receive a one free when they buy five



Amy Crippen Wellness

Activate Curiosity Wellness with Amy Crippen

Give yourself the gift of Transformative Wellness Coaching this holiday season! Amy Crippen is a Clinical Research Nurse and Certified Wellness Coach focusing on enhancing the overall quality of life for all. Through her work, she creates a ripple effect that results in overcoming wellness challenges, transforming lifestyle habits, feeling accepted and more resilient, and living in alignment with your highest potential. And that's only the beginning! Come “Activate Curiosity Wellness” and explore the possibilities of transformative wellness coaching. All initial consultations (Curiosity Calls) are complimentary and can be booked on the website.

www.amycrippen.com

amycrippenwellness@gmail.com

708-232-7934

- CWE members receive 30% off any Activate Curiosity Wellness program if booked by January 31, 2023
- CWE members receive a 20% discount year-round and 30% for holidays



Arbonne, Independent Consultant

Personal care products using plant-based ingredients in 100% Vegan Certified products backed by clinical research. Arbonne collaborates with leading experts in integrative medicine to improve skin and wellbeing. We believe that a passionate community and connection to nature can help you thrive beyond products. Shop online or set up private shopping event at my Squirrel Hill home.

www.arnheim.arbonne.com

Julie.arnheim@gmail.com

917-861-0989 is best way to reach me!

- If you contact me directly with your shopping wish list, I can help you save 20%.



Atlas Counseling Services

At Atlas Counseling Services, it's important to us that you know that you don't have to settle for being unhappy. Working with a therapist can help you explore your thoughts, feelings, and worries without judgment.

Our focus is helping our clients get to a place of well-being that includes the mind, body, and soul. If you're ready to find healing, growth, and renewal in an inviting, supportive, and authentic environment, you are in the right place.

www.atlascounselingservices.org

Instagram [@dr_dtimbo](#)

Facebook: [@Dr. Darla Timbo](#)

5877 Commerce St. #113, Pittsburgh, PA 15206



The Crews Coach

The Crews Coach's areas of life coaching include transforming her client's fitness and health to achieve a better overall wellness and resilience! Krystal coaches people to grow & achieve their greatest potential through personal and group coaching opportunities.

www.thecrewscoach.com

- Gift cards available.
- CWE members receive \$7 off a monthly group coaching membership geared to reset your healthy habits, level up your fitness, and improve your life! New groups start the first of each month.



Dietitian Jess Nutrition

This holiday season, give the gift of healthy living. Jess, owner, and Registered Dietitian Nutritionist helps busy adults understand the ways that food can be used to nourish and heal on their path to a healthy lifestyle. Maybe you'd like to stop feeling confused and overthinking what you should eat and know how to make the best choices for you. You might be feeling discouraged and want to get motivated to make some changes. Jess provides 1:1 individualized counseling and offers a free 15-minute consultation to address your nutrition needs. Dietitian Jess Nutrition also provides meal plans catered to any diet!

dietitianjess.com

jess@dietitianjess.com

- CWE members receive 15% off



The Flourish Group

The Flourish Group is an executive and corporate wellness firm led by Registered Nutritionist, Dietetic Technician, and Certified Health Coach Niki Campbell. Niki provides nutrition, fitness, and lifestyle coaching to busy professionals, executives, and entrepreneurs.

She is offering CWE members a special New Year's Lifestyle Coaching Session that includes:

- InBody Body Composition Testing and Report
- Full Nutrition Assessment and 14-Day Nutrition Plan
- Fitness Assessment with Exercise recommendations
- SMART Goal Setting
- Lifestyle Coaching Session that addresses sleep, stress, work-life integration, and boundary setting.
- 30-minute Follow Up Session 30-days after an initial consultation

www.theflourishgroup.net

2009 MacKenzie Drive, Cranberry Township, PA 16066. By appointment only.

- CWE members receive 10% off the package price.



Tania Nunn, Integrative Nutrition Health Coach

Give the gift of wellness! Tania Nunn is a Certified International Health Coach, focusing on mindset and lifestyle. Through her work, she empowers women to create their best, most authentically fulfilled lives, fully realizing their highest potential. Take advantage of three free one-hour coaching sessions to explore the possibilities. Check the website to learn more and message Tania to book.

www.tanianunn.com

- CWE members receive a 20% discount, gift options available



Vana Transformational Wellness

VANA provides a personalized plan, a network of guides, and a nurturing environment that gives people the tools and community they need to create the life they want. Our services include Massage Therapy, Infrared Sauna with Salt Therapy Booth, Sound Bath/Sound Therapy, Meditation Pod with Sound & Light Therapy, Workshops & Retreats, Counseling Services, Myofascial Release, Somatic Expression, Reiki, & Wellness Coaching. We believe that with the right support system, anyone can create a joyful and fulfilling life!

www.vanawellbeing.com

info@vanawellbeing.com

- CWE members receive 30% off all Gift Cards through December 31, 2022

SERVICES



Carbon Compost

Recycle your food scraps and other organic waste with Carbon Compost's residential collection service. It's an easy way to reduce greenhouse gas emissions and our reliance on polluting landfills. Carbon Compost provides the bin, you fill it, and we collect and compost the material into nutrient rich soil your garden will love!

Carboncompostpgh.com

- Gift cards are available
- CWE members receive 15% discount through December 31



CEPHR, LLC

If you are a growing business looking to build capacity/infrastructure to scale and are wondering where to start or looking for HR support, book a complimentary one-hour Introductory Call.

www.cephrconsulting.com

www.linkedin.com/company/cephr-llc

412-990-1361

- Signed contracts will receive a Hello Holidays welcome, a 15% discount will be provided on the first invoice for services



Clear Strategy Co.

Clear Strategy Co. is a sustainability strategy, execution, and reporting company. We help solopreneurs, and businesses of any size, plan for and achieve a sustainable plan for a business that endures.

myclearstrategy.com

www.linkedin.com/in/joanneschwendinger

www.linkedin.com/company/clear-strategy-co/?viewAsMember=true

- CWE members receive a free sustainability reporting guide



Decorating Details

Decorating Details offers you solutions to your privacy, energy, and decorating needs for your windows in your home. Since 1982-2005 and relaunched in 2020, Decorating Details has been the go-to for custom window treatments for residential and commercial buyers that will fit any budget. We carry Graber, Comfortex, Norman Shutters, and Lafayette Blinds.

www.Decorating-Details.com

rf@decorating-details.com

412-414-8622

- CWE members receive a 10% discount
- Free Cordless Lift Upgrade on certain blinds
- With your free consultation, my gift to you will be the best selling book, *Twenty Won*



East End Tech Concierge

EETC helps to untangle today's technology. Give the gift of technology assistance this holiday. We work with all types of technology: laptops, desktops, tablets, smartphones, TV systems and more! The best part—we make house/office calls.

These are just some of our services:

- PC Optimization (improve system speed)
- Software/System Updates/Upgrades
- Prep for Donating/Recycling Old Tech
- Locating Lost Documents
- New Computer/Printer Setup
- Other Tech Assistance
- Customized Training (1-on-1 and Group)
- Special Projects

Hours by appointment only, Monday through Friday

www.eastendtechconcierge.com

karekendall@eastendtechconcierge.com

Text or call 412-445-7047

- CWE members receive 10% off



Fisher ARCHitecture LLC

We are an architecture firm designing thoughtful and contextual projects. We specialize in unexpected design solutions. If you need help reimagining your home or business space—or are planning to buy a property—get in touch with us first! Designing a space and getting it built is complex. Let us walk you through the process and support you step by step.

www.fisherarch.com

@fisherarch on every platform

bea@fisherarch.com

412-721-2124

928 South Aiken Ave, Pittsburgh, PA 15232

- CWE members receive a 1-hour initial consultation (on-site) for only \$150 instead of \$200



Hebrew Free Loan Association of Pittsburgh

Hebrew Free Loan Association is a 501c3 nonprofit that supports financial stability and advances opportunities for people in our region by providing nonsectarian, interest-free loans. An early microlender in Pittsburgh, HFLA has been around since 1887, and we provide loans up to \$10,000 with repayment over 24-36 months at 0% interest and no fees. We provide loans for small businesses, home and vehicle purchase or repair or renovation, wedding and life cycle events, fertility/adoption, legal expenses, tuition, etc. HFLA may be a good organization to explore this holiday season!

www.hflapgh.org

www.facebook.com/hflapgh

info@hflapgh.org

412-212-8682

- Application, Q&As, and Loan Committees are mostly held virtually
- We offer interest-free loans to anyone who qualifies (details on our website).



Heidi L. Beam, LLC — Life Coach

Are you stuck? Been successful in the past but can't get over this hump? Attend the "You Can't Do That!" Workshop on February 8, 2023, at 3:00 p.m. (EST) to learn how you CAN do that! Begin the workshop with a distant dream and leave with the strength and belief to make the change needed to fulfill that dream. Learn how to find the trust in yourself to succeed.

www.HeidiLBeam.com
Heidi@HeidiLBeam.com
412-204-6043

- E-mail me and let me know you saw the ad in CWE Holiday Gift Guide and receive 20% off the price of the workshop
- CWE members receive 50% off the price of the workshop

KnownAesthetics

Known Aesthetics

Be Known for the best version of you.

The "Be Known" concept is about you and maintaining the integrity of your own beauty. We are not about an unnatural or over treated appearance. The Known Team will strive to build a skin treatment plan that helps you achieve radiant results for the long-term. Every injectable, skin treatment, and skincare product that Known Aesthetics offers has been tried and tested by our own staff- everything. We believe in our treatments and know you will too. For a natural approach to dermal fillers, Botox, thread lifts, and skincare visit Known Aesthetics.

www.knownaesthetics.com
[Instagram @known.aesthetics](https://www.instagram.com/known.aesthetics)
[Facebook Known Aesthetics](https://www.facebook.com/known.aesthetics)
12982 Perry Highway Suite C, Wexford PA 15090

- Gift cards are available
- CWE members receive 10% off any skincare purchase the entire month of December



PresencePlus Consulting

Let MJ's energy, passion, and corporate experience guide you to a more executive presence. She will work with you to see the amazing aspects of your story and will counsel you to make positive decisions that lead to career advancement and success.

Put some "Presence" under the tree for someone you love!

www.PresencePlus.us
MJ@PresencePlus.us

- Gift cards are available
- CWE members receive a multi-session package discount



Redtree Design Web Design

We create websites to enhance a brand and provide a seamless experience for users. We are a 100% women-run company located in the heart of Pittsburgh since 2015.

www.redtreewebdesign.com
412-438-3090

- CWE members receive a Free Website Audit—first ten companies that inquire



EAST END
COOPERATIVE
MINISTRY

SewForward

SewForward - East End Cooperative Ministry

SewForward is a cut and sew studio providing high quality, small batch manufacturing with no minimums; to support free sewing classes for low-income individuals in our community.

Sydneyh@eecom.org

412-345-7141

- CWE members receive a free 30-minute consultation



SHIFT
COLLABORATIVE

Shift Collaborative

At Shift Collaborative, we create in collaboration with our clients: brands, websites, communication strategies, annual reports, and digital marketing campaigns. We aim to design brand solutions that are attainable, sustainable, and grounded in discovery. Our promise is to design brand experiences that motivate humans and shift perspectives.

www.ShiftCollaborative.com

- CWE members receive a reduced rate



Something Special Ceremonies

Are you or someone you know getting married? My name is Kelley Smith, and I am a Pittsburgh, PA based Wedding Officiant. My first priority is to capture your special love story and create a ceremony where you and your guests will smile, laugh, and maybe shed some happy tears. Take advantage of my free “chemistry check” meeting to see if I am a good fit. I can’t wait to create the ceremony that will complement your special day.

www.somethingspecialceremonies.com

kelley@somethingspecialceremonies.com

- CWE members receive 20% discount on your Something Special Ceremony.



The Musuneggi Financial Group

Have you ever asked yourself if you are doing the right things to be financially secure? Are you making informed decisions with your money? If you have questions, we will help you to find the answers. The Musuneggi Financial Group is an independent, family-owned financial consulting firm helping individuals, families and businesses identify and realize their financial goals. Visit our website, connect with us on social media, or email us to learn more about how we can help you become financially secure.

mfgplanners.com

412-341-2888

1910 Cochran Road, Manor Oak Two, Suite 520, Pittsburgh, PA 15220

- By appointment only
- CWE members receive a FREE Second Opinion Consultation to help you on your way to making informed decisions with your money