



Only Bring What You Need

Chatham encourages students to only bring necessary items when living on-campus. Only bringing the 'essentials' makes move-in & move-out easier for you and helps you keep your room organized all year! During move-out, we notice students discard or leave behind a variety of items. We hope that this list will help you leave unnecessary items at home and save you from buying things you don't need.

Need To Have Items

- ▶ clothing (casual daytime, business casual, footwear, outerwear, rain gear)
- ▶ clothes hangers
- ▶ towels and wash cloths
- ▶ bed linens, blankets, and pillows
- ▶ extra-long twin bed sheets (or deep pocket sheets)
- ▶ state-issued ID/passport
- ▶ laundry supplies
- ▶ personal care products
- ▶ thermometer
- ▶ first aid kit
- ▶ cleaning and disinfectant supplies
- ▶ personal insurance card(s)
- ▶ reusable cups, silverware, bowls, etc.
- ▶ admission, financial aid, billing, and other college paperwork

Smart To Have Items

- ▶ **Surge-protected Power Strips.** Power strips cut down on "vampire loads", i.e. energy consumption when turned off but still plugged in. Turning off a power strip when not in-use saves energy.
- ▶ **EnergyStar models of desk and floor lamps** (These reduce energy use significantly)
- ▶ **LED light bulbs or compact fluorescent bulbs** (an energy-saving alternative to incandescent bulbs)

Post-Arrival Purchases

Wait until you arrive to decide if you need items like additional furniture or appliances. Talk with roommates about purchasing large items for the room, so you can split the costs and save money. Additionally, you may be able to find more affordable options for certain items once you get to campus.

Buy Used or Rent

If you decide that you are in need for some additional items for your room, consider shopping at second-hand stores like Goodwill. On campus *BikeWorks* offers bicycle rent and repair. You may rent a bicycle for a semester or the whole year for a very affordable price.

PROHIBITED ITEMS

You should NOT bring the following items, which are banned from the residence halls for safety reasons (*Chatham University reserves the right to add items to this list as deemed necessary*):

- ▶ pets (excluding **pre-approved** service or emotional support animals or aquarium fish)
- ▶ candles, incense, oil burners, or wax warmers
- ▶ personal mini-fridges or microwaves (Must rent via <https://www.mymicrofridge.com>)
- ▶ "flushable" toilet wipes
- ▶ halogen lamps of any wattage space heater (unless provided by the University)
- ▶ air conditioners
- ▶ extension cords
- ▶ hover boards
- ▶ waterbeds, bed lofts, kits for stacking furniture
- ▶ explosives, ammunition, flares, or other dangerous weapons (ex. pocket knives larger than 2 ½ inches long)
- ▶ hot plates, toaster/toaster ovens, or any other appliance with an exposed heating coil (only permitted in Common-area and Apartments kitchens)

MICROWAVE & MINI-REFRIGERATOR RESTRICTIONS:

Students are not permitted to bring a microwave or refrigerator from home. Any student who would like to have a microwave and/or refrigerator in their room must rent a Micro-Fridge unit. These combined microwave & refrigerator units can be rented for fall & spring. Prior to your arrival, we coordinate delivery of your unit so it is ready when you arrive. Following the end of the academic year, we will coordinate pick-up and return of the unit. You will just need to unplug, thaw, and clean your unit prior to departure.

The cost for renting a unit for the academic year is approximately \$200 (fall + spring). Students have the option of buying optional insurance to cover any damages that the unit may encounter. We encourage all students to talk to their roommate(s) to decide your Micro-Fridge needs and determine who is going to rent the unit. **Note:** Microwaves and community refrigerators are located in each residence hall.

We limit the number of Micro-Fridges per room, using the grid below:

- ▶ Single Room – 1 Micro-Fridge Unit
- ▶ Double Room (Two Person Room) – 1 Micro-Fridge Unit
- ▶ Triple or Quad Room (Three person or four-person room) – 2 Micro-Fridge Units

For more information and to rent one, visit our vendor's website: <https://mymicrofridge.com>

UPPER CAMPUS RESIDENCE HALL LIVING

Students residing in the Upper Campus residence halls will have a room that comes furnished with a bed, desk, and dresser for each roommate. Our residence halls are unique, and some rooms or areas will have more variations than others. Most rooms include a closet for each roommate (this varies in some areas). Residence hall rooms with

suite-style bathrooms come with bathroom supplies and cleaning supplies, or those items can get requested through the residence hall Housekeeping Staff.

APARTMENT LIVING (LOWER CAMPUS APARTMENTS)

Students residing on the Fifth Avenue apartments located on Lower Campus are permitted to bring their own kitchen appliances. Each apartment comes fully furnished with beds, desks, dressers, couch, dining room table and chairs, and a coffee table. Apartments offer full kitchens equipped with a refrigerator and stove. Students who live in the apartments are responsible for their own cleaning and bathroom supplies for their apartment.

MOVE IN TIPS

Please **do not discard cardboard boxes in regular trash bins**. Cardboard boxes must be broken down, flattened and brought to the nearest paper recycling bin (locations will be indicated on signs posted in each residence hall). To avoid using and discarding cardboard boxes, pack things in travel bags or backpacks. If you have to use boxes, consider saving them until the end of the year when you will have to move out.

Plastic bags cannot be recycled in campus bins. Please do not place these in the recycling bins. Bring your plastic bags to Giant Eagle or Target to place in designated plastic bag recycling dumpsters.

Avoid use of styrofoam during you move and beyond. This is not recyclable and NEVER breaks down.

CONTACT US

We are happy to answer your question. Please use the below to contact us.

STUDENT HOUSING & RESIDENCE LIFE

Shadyside Campus: reslife@chatham.edu | 412-365-1518

Eden Hall Campus: reslifeeden@chatham.edu | 412-365-1172

CHATHAM UNIVERSITY'S WASTE PREVENTION INITIATIVES

For over a decade, Chatham has been focused on waste reduction. We've started many initiatives, including eliminating the sale of plastic water bottles; eliminating trays in the dining hall; implementing a reusable take-out food container program; using compostable containers and other sustainability measures.

IN ORDER FOR US TO CONTINUE ON OUR SUSTAINABILITY JOURNEY WE NEED YOUR HELP!

Outlined here are the beginner things that you can do to help us minimize our carbon footprint generated from waste when you get to campus:

KNOW YOUR RECYCLING!

Before discarding **plastic containers**, check that:

- ▶ It's #1 or #2 plastic. Numbers #3 - #7 are not recyclable in Allegheny County, those go in the general trash bin.
- ▶ The plastic container is washed clean.
- ▶ Dirty containers can create contamination, which may result in the whole batch of plastic that is in the bag to be thrown away, ending up in a landfill.

Before discarding **paper or cardboard**, check that:

- ▶ It is not dirty from food or liquid stains, those can also create contamination, therefore pizza boxes and other paper or cardboard items that once had food in them are **not recyclable**.

KNOW YOUR COMPOSTING!

What Is Compostable?

- ▶ Food (cooked or raw)
- ▶ Soiled paper or cardboard (e.g. pizza boxes)
- ▶ GREENWARE plastics from the dining hall and Cafe Rachel Vegetable scraps
- ▶ Coffee filters and grounds Tea bags

What Is Not Compostable?

- ▶ Plastics Packaging
- ▶ Glass, metal, treated wood Shoes
- ▶ Medical waste
- ▶ Basically anything you wouldn't try to eat

When in doubt, better to discard into the general trash bin to avoid contamination.

Not sure what GREENWARE plastics are? Need more directions for proper recycling and composting?

Go to <https://my.chatham.edu/documents/getfile.cfm?DocID=4110> for more information!

Contact Office of Sustainability: sustainability@chatham.edu

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