

Title: Self Harm Protocol
Summary of Recommendations and Procedures

The primary intent of the Chatham University Self Harm Protocol is to assist in identifying at-risk students and provide for them the care/treatment needed to effectively and safely deal with issues that prevent them from succeeding in academics and personal endeavors.

Definition of Self Harm:

Self harm is defined as to suicide ideation, suicide attempts, severe eating disorder symptoms, self injurious behaviors (e.g. cutting, stabbing, scratching, biting, etc.) or any other similar self-directed behavior causing high risk to an individual.

Self Harm Prevention:

This section is intended to assist in identifying at-risk students, provide a referral/reporting process and develop with the concerned student a behavioral contract to deal in an effective and safe manner with the self harm issues. These include but are not limited to incidents that have to do with self harm threats or behaviors.

Procedures:

- When a faculty member, staff or student is aware or suspects that another student has engaged in a self harm behavior, the incident should be reported to the Vice President for Student Affairs and Dean of Students. In cases where self harm is suspected, the reporter must provide information that provides a basis for the suspicion. The Vice President for Student Affairs and Dean of Students or designee will report the incident in writing by filling the Self Harm Report <http://www.mychatham.edu/pdf/SELFHARMREPORT> .
- The Vice President for Student Affairs and Dean of Students or designee will proceed with next steps to assist the student. The Student Behavioral Review Committee (SBRC) may be convened to determine next steps which are in the best interest of the student and the campus community.
- Appropriate referrals will be determined on a case by case situation. The range of referrals may merit early interventions from the Counseling Services, Student Health Services or calls to Public Safety, emergency aid (911) and/or the need to hospitalize the student.
- A behavioral contract may be developed and signed by the student as an agreement to resolve the situation. The Vice President for Student Affairs and Dean of Students or designee will conduct the meeting with the student.
- The Vice President for Student Affairs and Dean of Students or designee may implement future steps to be taken in order for the student to succeed in college. This may include an official letter to the student detailing notice of requirements, parental notification, or other needs.
- If the behavior results in a violation of the Chatham University Student Honor Code, the Vice President for Student Affairs and Dean of Students or designee may consult with the Student Case Management Team for further review and resolution of the case.

SELF HARM INCIDENT REPORT FORM

Student Name _____ Student ID Number _____

Local Address _____

Local Phone Number _____ Alternate Phone Number _____

E-Mail: _____

Staff Member Completing this Form _____

Date of Incident _____ Time _____ am/pm

BRIEF DESCRIPTION OF INCIDENT (can attach other reports if necessary):

STEPS TAKEN (mark only those steps that have occurred)

- _____ The incident has been reviewed and discussed with the student.
- _____ Referral was made to the Counseling Services. The first appointment must be made within three (3) business days.
- _____ The impact of the incident on the community has been discussed with the student.
- _____ Student has been informed that any further action of self harm may jeopardize his/her residence hall contract and/or status as a student at Chatham University.
- _____ Student has been given a mandatory leave of absence. A list of required steps that must be completed prior to returning to Chatham University was detailed to student.

The above items were discussed on _____ as a result of a self harm incident.
Date

Staff Member Signature

Student Signature