# 14 OThings Other Chatham University

There are lots of great things to do at Chatham University and in the Pittsburgh area and this list will help you get involved and learn more about the campus and community. It

should be your goal to complete every item on this list before you graduate! Use this list as a guide to check off your progress! Don't forget to come by the Office of Student Affairs every time you complete five things in one category to receive a button for the category.

The list is divided into the 8 categories below...



### BE GREEN

Chatham University is dedicated to sustainability and the environment. These principles are infused through curriculum, cocurricular activities, and lifestyle practices

both on and off-campus.

# Embrace

Diversity & Internationalism

Chatham University strives to promote Global Understanding locally and internationally. The activities below highlight opportunities to experience diversity on campus, throughout the community, and abroad.



### TRADITIONS

Chatham University is steeped in campus traditions. Traditions help us connect the past, the present and the future. They bring students, alumni, faculty, staff, and families together

and build a sense of camaraderie and common understanding. These traditions have helped build the close-knit community we value at Chatham.

# Get Involved @ Chatham!



Chatham is a great place full of a multitude of opportunities! Take advantage of every opportunity and get involved!

### Explore **Pittsburgh**

Chatham University is located in the heart of a city with many opportunities to enrich your life conveniently located near other universities, museums, and sporting events. Pittsburgh, the city of bridges, is one of the most livable cities in the United States. Without a doubt it has a rich history, beautiful architecture, and many places to explore.



## Leadership

Chatham University has a historic commitment to Women's Leadership and Issues. There are a variety of opportunities to become involved ranging from student organizations, social and

civic engagement, and student-athletics.

# Chatham **Spirit**

Everyday is a GREAT DAY to be Cougar! Show your Chatham Spirit all day, every day!



Yinz



# Innovation & Research

Chatham values a sense of innovation and an entrepreneur spirit. There are many opportu-

nities to think outside the box and make change on campus, in the Pittsburgh community, and on an international level. These are opportunities to help you think innovatively!



### BE GREEN

- Use the Chatham Green Machine
- 2. Help build the Eden Hall trail
- 3. Attend a GREEN event at Rea House
- 4. Participate in Recyclemania
- 5. Bike/walk the Eliza Furnace Trail
- 6. Volunteer in the organic garden at Eden Hall
- Visit the East End Food Co-op: the Pittsburgh's only consumer-owned natural food store
- 8. Carpool, Bike or Walk to Campus
- 9. Drive the Zip Car
- 10. Make use of your reusable shopping bags for groceries
- 11. Visit the Rachel Carson Homestead
- Use a Chatham water bottle and eliminate plastic bottles from your life
- 13. Walk on the Rachel Carson bridge
- 14. Learn what is Biophilia and discover "One Planet Living" and "Cascadia Living Building Challenge"
- Enjoy a meal by Slow Food USA and learn what Slow Food is all about

# Embrace Diversity & Internationalism

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- 16. Participate in Box City
- 17. Visit the August Wilson Center
- Help to plan a multicultural monthly celebration (Hispanic Heritage, Native American Indian, Black History, Jewish Heritage, or Asian Pacific Heritage)
- 19. Go to a LGBT History Month Event
- 20. Be present at a Disability Awareness Month Event
- 21. Experience a women's monthly celebration event (Women of Color HERStory or Women's History)
- 22. Have a dream and attend the MLK Breakfast
- 23. Think Global by experiencing a Global Focus event
- Become a Chatham Idol be a regular at Open Mic Night or Evening of Expression
- 25. Dust off your passport and get ready to Study Abroad
- 26. Attend a cultural festival in Pittsburgh
- 27. Utilize Chatham to master a foreign language
- 28. Attend the All Faith Gathering learn about others' faith practices, meditation and reflection

### **TRADITIONS**

- 29. Raise your voice at Fall Serenade
- 30. Get inspired at Opening Convocation
- 31. Grab a plate at the Global Focus Picnic
- 32. Mix with alumnae at the Alumnae Ice Cream Social
- 33. Get scared by experiencing Ghost Walk or Halloween Dinner
- 34. Hoist a unique concoction at Mocktails
- 35. Put on your Chatham sweatshirt for the Harvest FunFest & Family and Friends Weekend

- Dream about beating the Seniors in the Battle of the Classes
- 37. Take up the challenge of the Song Contest
- Break bread with your neighbor and be thankful at the Thanksgiving Dinner
- 39. Go sledding down Chapel Hill
- Get into the season with Candlelight, Chatham Eggnog, and Holiday Ball
- 41. Cut up the rug at the Spring Formal
- 42. Release your inner self at Airband
- 43. Burn your Tutorial at Tutorial Bonfire
- 44. Celebrate with us at Closing Convocation
- 45. Volunteering for Buckets & Blossom at University Day
- 46. Take in the May Pole Dance at University Day
- 47. Eat your heart out at the Moonlight Breakfast
- 48. Declare your major by the second semester of your sophomore year

# Explore **Pittsburgh**



- 49. Wake up early and be at Pamela's for breakfast
- 50. Capture the Black & Gold Spirit at a Steelers, Pirate's, or Penguin's game!
- Show your Chatham ID and ride the Incline at Station Square for free
- Experience the rides at Kennywood or Splish Splash at Sandcastle
- 53. Go around the world by experiencing the nationality rooms at the Cathedral of Learning
- Eat at Primanti Brothers Restaurant (Slaw and Fries on a sandwich – a must have!)
- Grab a friend and your thinking cap to explore the Carnegie Science Center
- Go back into time by visiting the dinosaurs at the Carnegie Art or Natural History Museum
- 57. Craving a late night meal during the week or weekend? Enjoy a meal at the "O"! We dare you to finish a large order of French fries!
- Experience your 15 minutes of fame at the Andy Warhol Museum
- 59. Drive to Station Sq and board the "Just Ducky" boat tour to enjoy a city adventure!
- Fly a kite at Schenley Park or Ice Skate at Schenley Park or PPG Place
- 61. Wake up early to head down to the Strip District on a Saturday morning for fresh Farmer's Market or an evening of nightlife fun.
- 62. Use your Chatham ID and learn to use the Port Authority Transportation System. Even if you get lost, you will be sure to find something new!
- 63. Get dressed to the nines and see a play or musical downtown in The Cultural District
- 64. Get lost mentally in the art exhibitions at the Mattress Factory
- 65. Pick a park! Any park! -Schenley, Frick, Highland, North

- Park and relive your favorite childhood activities
- 66. Take a moment to smell the roses...and a ton of other amazing flowers by visiting Phipps Conservatory
- 67. Build your own time machine and go back into history! Or just go visit the Heinz History Center
- 68. Get the World's Best Chocolate Chip Cookies at Nancy B's Bakery
- 69. Enjoy a cupcake from Dozen Cupcakes or CoCo's Cupcakes. You can thank us later!
- 70. Visit Point State Park & see the fountain
- 71. Not quite the Love Boat but that shouldn't stop you from taking a ride on the Gateway Clipper Fleet
- 72. Tour Italy locally and feast at your favorite local pizza
- 73. Put on your lose pants and eat at Five Guys

# Leadership

- 74. THANK the heroes and heroines who work behind the scenes housekeeping, facilities, landscaping, etc.
- 75. Be counted and let your voice be heard by voting in campus elections and local, state and national elections
- 76. Take the extra step to prepare for your life after Chatham by visiting Career Services before your senior year
- 77. Take a course that has nothing to do with your major...it might change your life and your major!
- Grab your resume and your smile to participate in a career fair
- 79. Become a well rounded student and attend a faculty lecture (not a class lecture)
- 80. Better yourself academically and personally by attend a counseling, library or PACE Center program
- 81. Do something for someone else by participating in Community Service Day...you never know how it will help you in return
- 82. Find something(s) that interest you and join at least one student organization with that focus. If we don't have it, create it!
- 83. Create/Join a Chatham team to walk, run, or bike for a cause in a charity race
- 84. Make what you learn in class come alive by attending at least one Lead In Life Skills Seminar
- 85. Drop by to say hello and introduce yourself to your College Dean
- 86. Do more than just complain and be a part of a solution by participating in the W.O.W. (Women of the World) Retreat
- 87. After you participate in a Community Service event, complete your Community Service Form
- 88. Have you seen your professor in the dining hall, the gym, or even off campus? Well, say hi and have a conversation with them!
- Enjoy the many events Chatham and Pittsburgh has to offer then report your activities for the Co-Curricular Transcript

- 90. What is the quickest way to become friends with brilliant people with great GPAs just like you? Join an Honor Society!
- Schedule a meal with a campus administrator and learn from their life experiences



- 92. Take the first steps in becoming a true World Ready Women by attending the Student Activities Fair and joining a group
- 93. Explore the depths of your femininity by auditioning or attending the Vagina Monologues
- Don't just pay Chatham, let Chatham pay you by becoming an official employee through student employment
- 95. Need to know the real stories about what's going on at Chatham instead of the rumors? Read the Communique!
- 96. Do you care about your campus and your school in general? Attend a Chatham Student Government or Graduate Student Activities or Chatham Activities Board meeting! Voice an opinion and be heard!
- 97. If you need a little extra push and fun to make it to the weekend, attend a Real Talk, Kickback or Traveling Tuesday Night Edge
- If you don't love LIVE entertainment, you will after attending the Coffeehouse Series Events
- 99. Don't be selfish! Donate Blood at the Chatham University Blood Drive in between classes.
- 100. Move towards a healthier lifestyle by taking an exercise class
- 101. Get familiar with the great outdoors of Chatham by walking/running the Chatham Mile Loop
- 102. Center yourself and prepare to reflect on your life's journey thus far and walk through Jessica's Labyrinth
- 103. Experience our outdoor pool by swimming at Eden
- 104. Go old school and enjoy vintage bowling at Eden Hall. Don't forget to pick up the pins after each throw.
- 105. Wake up early and enjoy the great brunch at Anderson Dining Hall
- 106. Get your thoughts out and chalk the Quad
- 107. Did you know we have a beautiful Art Gallery right on campus? Scout out the next Art Gallery opening.
- 108. Love music? Attend a musical performance at Chatham
- 109. Support your fellow Actors & Actresses by attending a play at Chatham
- 110. Show off your athletic and competitive side by participating in at least one intramural event
- 111. Share and hear stories of personal triumph by attending Take Back the Night

### Get Involved Continued...

- 112. Grab your camera and submit a photo of the week to myChatham for everyone to see!
- 113. Next time you're on Facebook checking in on your friends, join the Chatham Activities Board Facebook Group
- 114. Don't break the tradition, wave at Andrew Mellon's picture so he won't haunt you
- 115. Give one of the many Chatham kids a high five
- 116. Grab a blanket, homework, or your guitar and layout at the Quad or Chapel Hill
- 117. Do more than just study at the Chatham library and check out a book
- 118. Take the Chatham Shuttle to Eastside if for no other reason than to have lunch in the Café.
- 119. Get the most out of your education and take a class with a professor just because you heard they were amazing
- 120. Spend an entire day taking advantage of what the Athletic Facilities has to offer. It doesn't matter if you go rock climbing, swimming, or running around the track. Just do it!

# Chatham **Spirit**

- 121. Tell a friend, family member, or THE WORLD how great Chatham is
- 122. Be proud of Global Focus Bring friends to enjoy Global Focus events - the best kept secret in Pittsburgh
- 123. Say thank you to as many Chatham ladies for representing Chatham Athletics
- 124. Show off your Chatham spirit by wearing a different a Chatham t-shirt each day for an entire week
- 125. Keep a pen pal with a student from another women's college
- 126. CHEER ON THE COUGARS: Cross Country Race; at a Tennis match; at a Volleyball game; at a Soccer game; at a Basketball game; at a lce Hockey game; at a Softball game; at a Swimming and at a Water Polo contest
- 127. Personify the Chatham spirit Cougar's pass and present and wear the Cougar mascot at one Chatham event
- 128. Do the next best thing to participating in a Chatham sport...participate in a contest at a Cougar FANATICathletic event
- 129. Invite the important people you miss during the school year to attend and enjoy Family and Friends Weekend.



# Innovation & Research

130. Go above and beyond what you do in the classroom and participate in an

internship or summer research project

- 131. Do more than just come by and say hello but share a campus life issue and a solution with your Dean of Students
- 132. Grab a camera or your cell phone and take lots of photos and create your own artwork
- 133. Enjoy starting and completing your tutorial, a true rite of passage!
- 134. Not an always fun event but always an experience; do one thing that scares you
- 135. Not being a business major is even more reason to visit the Center for Women Entrepreneurship and learn about a program or activity to get involved in
- 136. Practice the art of networking and invest yourself in the city through meeting a local Pittsburgh leader or entrepreneur
- 137. Eat something different every week who knows you may like it!
- 138. Really get to know your surroundings by reading up on and learning the history and backgrounds of a couple of the Chatham buildings
- 139. Exercise your "World Ready'ness" and visit a coun try you never imagined you would visit
- 140. Now this is the really challenge! Stop using your cell phone for a day and enjoy the differences that day brings to you

# So... what are you waiting for??? You have...



For more information or if you have questions, please contact the Office of Student Activities at 412-365-1281 or studentactivities@chatham.edu.